

## *Are there antibiotics in meat?*



**Michelle Jaelin**

Registered Dietitian, Toronto

I'm curious and a bit confused about the labels around antibiotics and food lately. I figured the best place to start is to ask a farmer why they even use antibiotics.



## *It's a simple question with lots of complicated answers.*



**Andrea Veldhuizen**

Chicken Farmer, Niagara Region

I work hard caring for my animals, which includes keeping them healthy. A veterinarian can prescribe antibiotics if sick chickens need treatment, but that's rare. If we do have to treat, we follow strict withdrawal times to ensure no residues are in our meat. My family eats the same food yours does and we take our commitment to caring for chickens and producing healthy, affordable food seriously.

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